

WEDDING PACKAGES

Wedding Day Preparations (Day before)

€80

- Manicure
- Shellac Nails
- Eye lash and eyebrow tint

Guests after party refresher

€135

- Sonas Massage medium pressure to relax the body after partying the night away
- Ocean fresh facial to rejuvenate and refresh the face

Romantic Honeymoon Couples Treatment

€250.00

- Sonas Massage medium pressure to relax the body after partying the night away
- Ocean fresh facial to rejuvenate and refresh the face



NAILS

File and Polish	€15
Shellac Nails	€25
Manicure	€30
Extra €5 for Shellac	
Pedicure	€40
Extra €5 for Shellac	

MANICURE/NAILS SPECIALS

Mini Manicure with Polish	€25
Mini Manicure with Shellac	€30
Princess Polish (child up to the age of 13 years)	€5
Mammy & Daughter Treat (child up to the age of 13 years)	€25
Limited availability and by appointment only	

MAKE UP

Make Up and Lashes	€25
--------------------	-----

In-Spa Dining Options are available too and why not combine your treatment with a Classic Carnbeg Afternoon Tea.
(Pre-booking essential)



To arrange an appointment, please call us on 042 93 202 61
or email: leisure@carnbeghotel.ie
Carnbeg Hotel & Spa, Armagh Road, Dundalk, Co. Louth



SONAS
SPA



TREATMENT MENU

SCRUBS

Stimulating Seaweed Body Buff	55min	€85 Couple €150
Peppermint and Seaweed Sugar Glow	55min	€85 Couple €150

FACIALS

Voya Ocean Fresh Facial	55min	€89
Illuminating Facial	55min	€99
Organic Purifying Defence Facial	75min	€120
Organic Anti -Ageing Facial	75min	€130
Organic Deluxe Facial Experience	85min	€159
Organic Marine Eye Treatment	45min	€80

MASSAGE

Sonas Massage Medium Pressure	50/80min	€60/€90 Euro Couple €100 /€160
Sonas Deep Tissue	50/80min	€80/€120 Couple €140/€220
Full Body Hot Stone Massage	50 min	€70
Neck & Shoulders Hot Stone Massage	30min	€40
Voyager Total Massage Journey	85min	€125
Herbal Muslin Bag Massage	85 Min	€149
Warm Oil Detox Back Massage	30 Min	€60
Warm Oil Detox Full Body Massage	55/85	€99/€130
Reflexology Saturday and Sundays only By appointment	€65	1 Hour

WRAPS

Ocean Essence Wrap	75 min	€95
Warm Spice Mud Wrap	75 min	€80

BATHS

Seaweed Peat Bath	45 min	€50
Aroma Bath	45 min	€50

SONAS SIGNATURE SPA DAY

Full Day 6.5 hours	€325
<ul style="list-style-type: none">Start your day with a welcome glass of chilled Prosecco. Ease your body into the day of treatments with a relaxing session in our steam room followed by a 55 minute full body scrub of your choosing.Refreshed and invigorated after your scrub relax for 45 minutes in an Aroma or Seaweed Peat Bath to detox your body.A 55 minute full body warm spice mud wrap follows your detox. This treatment will melt away any remaining stress and tension from your body.Now that we have helped your body detox and destress, our chef will prepare a healthy lunch for you to enjoy in Sonas Spa. After Lunch relax and enjoy the benefits of your treatments in our relaxation room.Recharged we begin the final treatments in our Sonas Spa signature Spa day. A 50 minutes full body warm oil massage will release any remaining tension. Our therapist will complete your day with a gorgeous 55 minute Voya ocean fresh facial.	

SONAS HALF SPA DAY

Half Day 2.5 hours	€199
<ul style="list-style-type: none">Enjoy a welcome glass of prosecco. We begin your Sonas half day of Spa treatments with a stimulating sea weed scrub. The anti-oxidants of the mineral-rich Bladder Wrack seaweed combined with pure seaweed oils provide a powerful organic way to better the skin.Once rinsed off in the shower its back on the bed for a full body 55min warm oil detox massage, using Voya's signature Fucas oil.Our therapist will complete your treatment with a 25 minute mini-facial.	

COUPLES PACKAGE BATH AND MASSAGE RITUAL

	€320
<ul style="list-style-type: none">Start your Spa experience by choosing one of our signature 55min body scrubs, Stimulating seaweed body buff or peppermint and seaweed sugar glow.After your full body scrub you will be treated to an 85 minute full body, warm oil, detox massage. This fabulous treatment will completely relax and detox your bodies.	

MID WEEK SONAS RETREAT

	€120 Weekend €160
<ul style="list-style-type: none">Enjoy 1 night Bed and Breakfast in our Hotel surrounded by 100 acres of Parkland. As a guests in the hotel you can enjoy Carnbeg Leisure club with it's 20m pool, Jacuzzi, Steam room and Sauna. At your reserved time arrive to a welcoming glass of Prosecco in Sonas spa followed by your choice from any of our 55 minute Voya treatments.	

WAXING (Mondays to Sundays)

Full Leg Wax	€25
Half Leg Wax	€18
Eyebrow Wax	€8
Chin Wax	€8
Upper Lip Wax	€8
Under Arm Wax	€10
Face Wax (Jaw & Chin)	€15
Chest Wax	€30
Back Wax	€40
Bikini Line	€15
Back & Chest Wax	€60

THREADING (Mondays to Sundays)

Eyebrow Threading	€15
Chin Threading	€10
Face Threading (Jaw & Chin)	€22
Upper Lip Threading	€10

TINTING (Mondays to Sundays)

Eyebrow Tint	€10
Eyelash Tint	€12

Waxing Trio: Eyebrow, Lip & Chin €20

Waxing Double: Half Leg, Under Arm €24

Eye Trio: Eyebrow Wax, Eyebrow Tint, Eyelash Tint €25

Limited availability and by appointment only

MANICURE/NAILS SPECIALS

Mini Manicure with Polish	€25
Mini Manicure with Shellac	€30
Princess Polish (child up to the age of 13 years)	€5
Mammy & Daughter Treat (child up to the age of 13 years)	€25

Limited availability and by appointment only